



# Health

## John Price's Story - "The Gentler Surgery"®

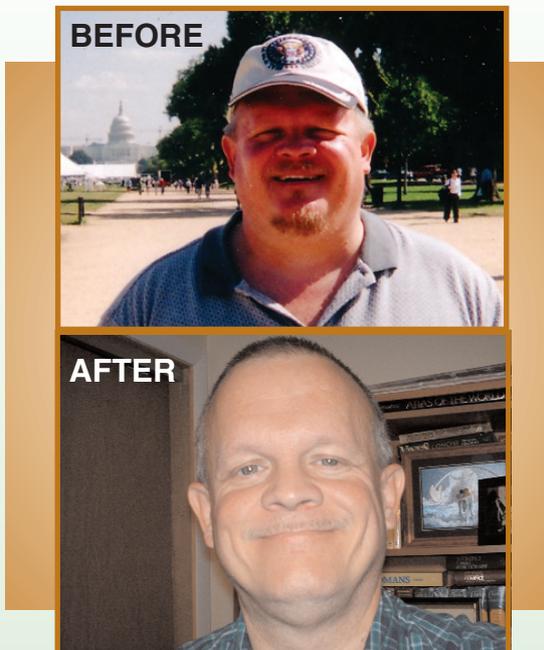
By John Price

I was 46 years old and seeing about a dozen different specialists.

After my third heart catheterization, I asked my cardiologist what life would be like in 10 years. He said I wouldn't be alive in 10 years. At that point, I realized that I needed to save my life so I started researching obesity surgery. I had diabetes, heart failure, kidney failure, and obstructive sleep apnea, among other things; so I knew that I wanted a doctor who was experienced with this type of surgery. A friend of mine had surgery with a doctor who had only completed a quick certification and she has had six major surgeries since.

I visited ObesityHelp.com, looking for someone who not only had performed the surgery extensively, but who was also a teacher of the procedure. I found Dr. Frantzides. I read every single one of his over 100 testimonials and decided to move forward with him as my surgeon. He and his team are incredible. My life has changed in so many ways since I had laparoscopic gastric bypass with Dr. Frantzides.

I went from a size 4x to a medium and my waist went from a 54 to a 36. I save a lot of money on food and am able to exercise more. I used to take 26 medications, some multiple times a day and now I only take a few of them and vitamins. My diabetes, sleep apnea, heart and kidney conditions have dramatically improved, and I no longer have acid reflux. I drive my staff



nuts because I have so much energy they can't keep up with me! Many of them have known me for 20 years and they are amazed at the difference. I look like I did when I was in college!

If you are considering the surgery you have to do your part and be compliant. I've never eaten as healthy as I do now. It's also very important to have a support system around you who will be healthy and active, too. So start documenting all of the ways you have tried to lose weight and build a case for your surgery that you can convey to your insurance company. I did and it saved my life.

Visit: <http://www.obesityhelp.com/morbidobesity/bariatric+surgeon+testimonials+Constantine+T+Frantzides+MD+PHD+FACS+gqp.htm>



**Constantine T. Frantzides**  
M.D., Ph.D., F.A.C.S.

### Dr. Frantzides

is the Director of the Chicago Institute of Minimally Invasive Surgery, Director of the Minimally Invasive Fellowship Program at Evanston Northwestern Healthcare, and Professor of Surgery at Northwestern University. His experience in laparoscopic gastrointestinal surgery is one of the most extensive in the U.S.

He has traveled internationally to perform and teach laparoscopic operations. During the last 16 years, he has organized 31 laparoscopic courses through which 331 surgeons were trained in laparoscopic surgery, he has made more than 200 contributions to medical literature and has published 2 books on laparoscopic surgery. Dr. Frantzides has been the recipient of several awards and honors, as well as grants from the National Institutes of Health (NIH) and from the surgical industry. He is also credited with inventing two surgical instruments used in laparoscopic surgery. Because of his academic activities in laparoscopic surgery, as well as his surgical skills, he was given the "Achievement award for advanced laparoscopic surgery" by the American Society of General Surgery. See complete curriculum vitae for Dr. Frantzides at [www.laparoscopicexperts.com](http://www.laparoscopicexperts.com).

### Laparoscopic Procedures Performed by Dr. Frantzides

#### BARIATRIC SURGERY

Laparoscopic Gastric Bypass (Weight loss surgery)

#### COLON/RECTUM/SMALL INTESTINE

Laparoscopic Enterectomy (Resection of small bowel)  
Laparoscopic Ileocectomy (Resection of small intestine and cecum)  
Laparoscopic Colectomy  
Laparoscopic Low Anterior Resection of the rectosigmoid colon  
Laparoscopic Abdominoperineal Resection  
Laparoscopic Total Proctocolectomy  
Laparoscopic Rectopexy  
Laparoscopic Appendectomy

#### ESOPHAGUS

Laparoscopic Fundoplication (Gastroesophageal Reflux Surgery)  
Laparoscopic Hiatal Hernia Repair with or without mesh  
Laparoscopic Esophagomyotomy (Heller Myotomy - For the treatment of Achalasia)  
Laparoscopic Esophagectomy  
Laparoscopic Transgastric Esophageal Mucosal Resection (For the treatment of severe dysplasia)

#### Hernia

Laparoscopic Inguinal Hernia Repair  
Laparoscopic Ventral/Incisional Hernia Repair  
Laparoscopic Femoral Hernia Repair  
Laparoscopic Diaphragmatic Hernia Repair (Congenital or Traumatic)

#### Kidney/Adrenal

Laparoscopic Nephrectomy (Kidney removal)  
Laparoscopic Donor Nephrectomy  
Laparoscopic Adrenalectomy

#### LIVER/BILE DUCTS/GALLBLADDER

Laparoscopic Cholecystectomy (Removal of the gall bladder)  
Laparoscopic Common Bile Duct Exploration  
Laparoscopic Liver Biopsy  
Laparoscopic Hepatectomy (Removal of a segment of the liver)  
Laparoscopic Liver Cyst Drainage/Removal  
Laparoscopic Radiofrequency Ablation of Liver Tumors

#### Pancreas

Laparoscopic Pancreatectomy (Resection of a segment of pancreas for benign/malignant disease)  
Laparoscopic Pseudocystojejunostomy/  
Pseudocystogastrostomy (Drainage of Pancreatic Cyst)

#### SPINE

Laparoscopic Anterior Spinal Fusion

#### SPLEEN

Laparoscopic Splenectomy

#### STOMACH

Laparoscopic Highly Selective Vagotomy (For treatment of duodenal ulcers)  
Laparoscopic Truncal Vagotomy and Pyloroplasty  
Laparoscopic Gastrectomy Partial/Total (Resection for benign and malignant disease)  
Laparoscopic Gastrojejunostomy  
Laparoscopic Gastrostomy

#### OTHER

Diagnostic Laparoscopy  
Laparoscopic Peritoneal Dialysis Catheter Placement  
Laparoscopic Mesenteric/Retroperitoneal Lymph Node biopsy  
Laparoscopic Omental Flap

### CHICAGO INSTITUTE OF MINIMALLY INVASIVE SURGERY



For more information  
visit: [www.cimis.info](http://www.cimis.info)

To Make an Appointment Please Call:

**847-676-2200**