



Health Options For Obesity

Oscar Roman: Once 645 lbs, Now 235 lbs with Dr. Frantzides' "Gentler Surgery"™

All my life, for as long as I can remember, I was overweight and dealing with everything that came with it. In eighth grade, I was wearing a 40-42 inch waist. As the years progressed, my weight continued to increase and so did the health problems. When I met Dr. Frantzides, I was at my maximum weight of 645 lbs. I was no longer able to work and was diagnosed with morbid obesity, plus every other medical condition that came along with the extreme weight. My life was at a complete stand still and it was getting worse by the minute. I started researching gastric bypass surgery after everything else failed.

Getting My Life Back

Just like everyone else, I had my doubts and was completely terrified at the idea of having surgery but I was more terrified of not seeing my daughter grow up if I continued like this.

I was on disability due to morbid obesity and this made surgery even more of a challenge because the majority of clinics out there gave me a \$40,000 price tag before they would even consider seeing me. The day I walked into Dr. Frantzides office, about seven years ago, I sat there expecting more disappointments.

But in comes Dr. Frantzides. He takes a hard look at me, steps back, grabs his chin with confidence and says, "I am going to give this man his life back." I will never forget those words. I was even more amazed when he offered me the laparoscopic approach. No other surgeon that I consulted thought that this surgery could



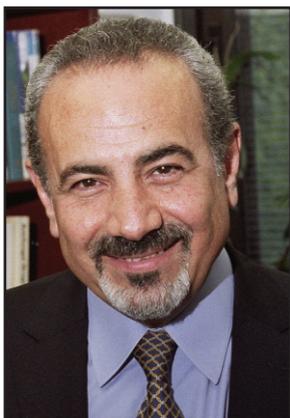
be done any other way besides open because of my extreme weight. He changed my life forever. I initially thought he was nuts, but here in 2008, I sit exactly 410 lbs lighter.

And yes, he was absolutely right; he did give me my life back!! I am now able to appreciate whatever life throws at me.

Unparalleled Expertise

My experience with the laparoscopic surgery speaks for itself. I found it to be one of the most effective surgeries, compared to other weight loss surgeries, and the pain was minimal. Dr. Frantzides himself is one of the most thorough surgeons I have ever met. He explained every detail in a way that was understandable even to those with minimal medical knowledge. His confidence level was very reassuring. He is always eager to address any concerns.

Where others dare not to venture, Dr. Frantzides welcomes the challenge, all with the intention of gaining personal satisfaction out of saving lives. His wisdom and knowledge reflect constantly through his staff who are just as eager. I can truly say that I am very glad I put my future, my life, and my happiness in the hands of Dr. Frantzides and his staff.



Constantine T. Frantzides
M.D., PhD, F.A.C.S.

Dr. Frantzides is the Director of the Chicago Institute of Minimally Invasive Surgery, Director of the Minimally Invasive Fellowship Program at Evanston Northwestern Healthcare, and Professor of Surgery at Northwestern University. His experience in laparoscopic gastrointestinal surgery is one of the most extensive in the U.S.

He has traveled internationally to perform and teach laparoscopic operations. During the last 16 years, he has organized 31 laparoscopic courses through which 331 surgeons were trained in laparoscopic surgery, he has made more than 200 contributions to medical literature and has published 2 books on laparoscopic surgery. Dr. Frantzides has been the recipient of several awards and honors, as well as grants from the National Institutes of Health (NIH) and from the surgical industry. He is also credited with inventing two surgical instruments used in laparoscopic surgery. Because of his academic activities in laparoscopic surgery, as well as his surgical skills, he was given the "Achievement award for advanced laparoscopic surgery" by the American Society of General Surgery. See complete curriculum vitae for Dr. Frantzides at www.laparoscopicexperts.com.

Laparoscopic Procedures Performed by Dr. Frantzides

BARIATRIC SURGERY

Laparoscopic Gastric Bypass (Weight loss surgery)

COLON/RECTUM/SMALL INTESTINE

- Laparoscopic Enterectomy (Resection of small bowel)
- Laparoscopic Ileocectomy (Resection of small intestine and cecum)
- Laparoscopic Colectomy
- Laparoscopic Low Anterior Resection of the rectosigmoid colon
- Laparoscopic Abdominoperineal Resection
- Laparoscopic Total Proctocolectomy
- Laparoscopic Rectopexy
- Laparoscopic Appendectomy

ESOPHAGUS

- Laparoscopic Fundoplication (Gastroesophageal Reflux Surgery)
- Laparoscopic Hiatal Hernia Repair with or without mesh
- Laparoscopic Esophagomyotomy (Heller Myotomy - For the treatment of Achalasia)
- Laparoscopic Esophagectomy
- Laparoscopic Transgastric Esophageal Mucosal Resection (For the treatment of severe dysplasia)

Hernia

- Laparoscopic Inguinal Hernia Repair
- Laparoscopic Ventral/Incisional Hernia Repair
- Laparoscopic Femoral Hernia Repair
- Laparoscopic Diaphragmatic Hernia Repair (Congenital or Traumatic)

Kidney/Adrenal

- Laparoscopic Nephrectomy (Kidney removal)
- Laparoscopic Donor Nephrectomy
- Laparoscopic Adrenalectomy

LIVER/BILE DUCTS/GALLBLADDER

- Laparoscopic Cholecystectomy (Removal of the gall bladder)
- Laparoscopic Common Bile Duct Exploration
- Laparoscopic Liver Biopsy
- Laparoscopic Hepatectomy (Removal of a segment of the liver)
- Laparoscopic Liver Cyst Drainage/Removal
- Laparoscopic Radiofrequency Ablation of Liver Tumors

Pancreas

- Laparoscopic Pancreatectomy (Resection of a segment of pancreas for benign/malignant disease)
- Laparoscopic Pseudocystojejunostomy/Pseudocystogastrostomy (Drainage of Pancreatic Cyst)

SPINE

- Laparoscopic Anterior Spinal Fusion

SPLEEN

- Laparoscopic Splenectomy

STOMACH

- Laparoscopic Highly Selective Vagotomy (For treatment of duodenal ulcers)
- Laparoscopic Truncal Vagotomy and Pyloroplasty
- Laparoscopic Gastrectomy Partial/Total (Resection for benign and malignant disease)
- Laparoscopic Gastrojejunostomy
- Laparoscopic Gastrostomy

OTHER

- Diagnostic Laparoscopy
- Laparoscopic Peritoneal Dialysis Catheter Placement
- Laparoscopic Mesenteric/Retroperitoneal Lymph Node biopsy
- Laparoscopic Omental Flap

CHICAGO INSTITUTE OF MINIMALLY INVASIVE SURGERY

For more information

visit: www.cimis.info



Located in the professional building of Old Orchard Mall

To Make an Appointment Please Call:

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