



Health Options For Obesity

"The Gentler Surgery™" Gastric Bypass at age 15- Amy Topel's Story

In 2003, I was not what a normal 15 year-old girl should be at 275 pounds. I was obese, depressed, and I just never had a happy outlook on life. I wanted so bad to just fit in.

My mom finally noticed that no diets were working for me. She happened to stumble along an article written by Dr. Frantzides, and it said he was having a seminar at Rush University later that week. We knew what we had to do.

Dr. Frantzides was amazing. He explained everything hand in hand and treated me like a daughter; then again, I was only 15.

What finally made me decide to have the surgery was seeing my family's health history: diabetes, heart disease, poor circulation, etc. I knew I was headed down that road, so with approval from the insurance company, and the blessing from my parents, I was scheduled June 2003.

The Youngest Woman to Undergo Gastric Bypass

What I went through in the coming months was indescribable. I was THE youngest to ever go through this surgery, and boy did people hear about it. I was getting calls from NBC, CBS, Associated Press, Australia and 60mins. It was unbelievable. CBS did an entire documentary on me going through the whole surgery process. So it was a bit hectic, but every step of the way Dr. Frantzides and his staff were there for me. They answered any and all of my questions. They made me very comfortable and I was very nervous considering this was going to be my very first surgery.

That fateful day in June came very quickly. My surgery was done laparoscopically with small punctures and my recovery was quicker than I could have imagined. I spent two full days in the hospital and was feeling great in about 10 days total.

Once I started losing weight, I became more comfortable with myself, more outgoing, and actually happy. I did well in school, made more friends, even got my very first boyfriend.

Five Years Later...

After five years later this June, I couldn't be happier with myself, inside and out. I've kept off 100 pounds for five years and counting.

My entire family has had surgery by Dr. Frantzides. He is the number one surgeon I would recommend to anyone. As far as gastric bypass, do your research. Find out if it's for you. Don't EVER think of it as a quick fix, it is life changing. With everything in my life that changed, and what I have experienced; I would not change a thing.



Laparoscopic Procedures Performed by Dr. Frantzides

BARIATRIC SURGERY

Laparoscopic Gastric Bypass (Weight loss surgery)

COLON/RECTUM/SMALL INTESTINE

Laparoscopic Enterectomy (Resection of small bowel)

Laparoscopic Ileocectomy

(Resection of small intestine and cecum)

Laparoscopic Colectomy

Laparoscopic Low Anterior Resection of the rectosigmoid colon

Laparoscopic Abdominoperineal Resection

Laparoscopic Total Proctocolectomy

Laparoscopic Rectopexy

Laparoscopic Appendectomy

ESOPHAGUS

Laparoscopic Fundoplication (Gastroesophageal Reflux Surgery)

Laparoscopic Hiatal Hernia Repair with or without mesh

Laparoscopic Esophagomyotomy (Heller Myotomy - For the treatment of Achalasia)

Laparoscopic Esophagectomy

Laparoscopic Transgastric Esophageal Mucosal Resection (For the treatment of severe dysplasia)

Hernia

Laparoscopic Inguinal Hernia Repair

Laparoscopic Ventral/Incisional Hernia Repair

Laparoscopic Femoral Hernia Repair

Laparoscopic Diaphragmatic Hernia Repair (Congenital or Traumatic)

Kidney/Adrenal

Laparoscopic Nephrectomy (Kidney removal)

Laparoscopic Donor Nephrectomy

Laparoscopic Adrenalectomy

LIVER/BILE DUCTS/GALLBLADDER

Laparoscopic Cholecystectomy (Removal of the gall bladder)

Laparoscopic Common Bile Duct Exploration

Laparoscopic Liver Biopsy

Laparoscopic Hepatectomy (Removal of a segment of the liver)

Laparoscopic Liver Cyst Drainage/Removal

Laparoscopic Radiofrequency Ablation of Liver Tumors

Pancreas

Laparoscopic Pancreatectomy (Resection of a segment of pancreas for benign/malignant disease)

Laparoscopic Pseudocystojejunostomy/

Pseudocystogastrostomy (Drainage of Pancreatic Cyst)

SPINE

Laparoscopic Anterior Spinal Fusion

SPLEEN

Laparoscopic Splenectomy

STOMACH

Laparoscopic Highly Selective Vagotomy (For treatment of duodenal ulcers)

Laparoscopic Truncal Vagotomy and Pyloroplasty

Laparoscopic Gastrectomy Partial/Total (Resection for benign and malignant disease)

Laparoscopic Gastrojejunostomy

Laparoscopic Gastrostomy

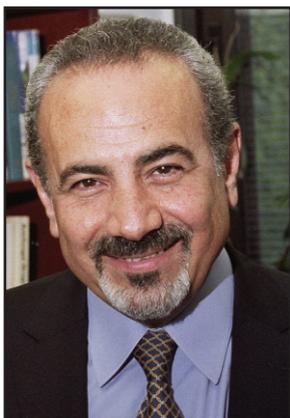
OTHER

Diagnostic Laparoscopy

Laparoscopic Peritoneal Dialysis Catheter Placement

Laparoscopic Mesenteric/Retroperitoneal Lymph Node biopsy

Laparoscopic Omental Flap



Constantine T. Frantzides
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Dr. Frantzides is the Director of the Chicago Institute of Minimally Invasive Surgery, Director of the Minimally Invasive Fellowship Program at Evanston Northwestern Healthcare, and Professor of Surgery at Northwestern University. His experience in laparoscopic gastrointestinal surgery is one of the most extensive in the U.S.

He has traveled internationally to perform and teach laparoscopic operations. During the last 16 years, he has organized 31 laparoscopic courses through which 331 surgeons were trained in laparoscopic surgery, he has made more than 200 contributions to medical literature and has published 2 books on laparoscopic surgery. Dr. Frantzides has been the recipient of several awards and honors, as well as grants from the National Institutes of Health (NIH) and from the surgical industry. He is also credited with inventing two surgical instruments used in laparoscopic surgery. Because of his academic activities in laparoscopic surgery, as well as his surgical skills, he was given the "Achievement award for advanced laparoscopic surgery" by the American Society of General Surgery. See complete curriculum vitae for Dr. Frantzides at www.laparoscopicexperts.com.



CHICAGO INSTITUTE OF MINIMALLY INVASIVE SURGERY

For more information

visit: www.cimis.info

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